

With this pre-Christmas edition,  
a supplement all about diabetes.



*Christmas greetings from*



**SENTINEL**

**A very active November!**



Above: Fleet fireworks

Right: Reading's PSA test team



The International Association of Lions Clubs

**District 105SC**

Acting District Governor 2023 - 2024 ♦ Lion Sandra Manktelow

✉ [dg@lions105sc.org.uk](mailto:dg@lions105sc.org.uk) ♦ [www.lions105sc.org.uk](http://www.lions105sc.org.uk)

**“Changing the World”**

**DECEMBER 2023 EDITION**



# The Acting DG's Leader...

"Changing the World"



*Dear Fellow Lions ...*

Having visited Julia's House in October, and looking at Naomi House's website it appears that both charities have programmes that support the siblings of children with life limiting illnesses. We agreed unanimously that it would be a lovely thing to use the DG charity to support these children, so I will contact the hospices to let them know and ask if that will be feasible.

November has been a busy month with Club visits to Eastleigh, Havant, Fleet, Hayling Island, New Milton, and Loddon Valley. Sadly, I had to cancel my visit to Devizes as I came down with a heavy cold. Clive and I also attended Charters at Wimborne & Ferndown and Bradford on Avon. It truly is the season of goodwill as it looks like all Clubs have arranged various Christmas fundraising events including street collections, Christmas markets and, of course, Santa's sleigh – he gets everywhere!

It was a pleasure to host our Autumn Forum on Sunday 19 November which gave members a chance to hear about the latest initiatives and share ideas. Topics covered included Mission 1.5 (our global aim to reach a membership of 1.5 million Lions by 1 July 2027), safeguarding and officers' roles. We are looking for a suitable venue that is more central in our District for the next forum. Any suggestions will be gratefully received.

My private life seems to have evolved around the theatre this month with a visit organised by our U3A history convener, to King's Theatre in Southsea, a trip to the Mayflower to see a David Bowie experience (Clive's belated birthday present) and the amazing Life of Pi at Chichester's Festival Theatre.

Clive and I wish you all a peaceful Christmas and hope that you have a rest after the events you have taken part in this year.

Thought for the month:

*Christmas is forever, not for just one day, for loving, sharing, giving, are not to put away like bells and lights and tinsel, in some box upon a shelf. The good you do for others is good you do yourself.*

*Lion Sandra*

Acting District Governor

*Dear Lions Family and Friends*

*Rather than send Christmas cards to our Lions friends, Clive and I are going to make a donation to our Children's Hospice Two-Year Charity. If you would also like to do the same, please feel free to do so via our website.*

*I appreciate all the hard work that Clubs put into making Christmas special for their community and Clive and I wish you a happy Christmas and all the best in the New Year.*

# The bigger picture



## Lions Clubs International FOUNDATION

Many of you reading this will be getting ready to go out with sleighs and Father Christmas and I hope you will have safe and fruitful outcomes.

It is sometimes hard at this time of year when we are caught up with the activities around Christmas, to remember that, for some, Christmas will be difficult.

While we go about our preparations, natural disasters will keep happening, many will go hungry, some will still be trying to survive in war zones. For others it will be a first as newly diagnosed with diabetes, or someone who is waiting to have their sight restored or improved with a pair of recycled spectacles!

For all of those affected by the harsher realities of life, Lions will be there to hold out a hand and let them know someone cares. As life continues regardless of the various festivities, LCIF continues to support Lions who are offering that helping hand. Various projects will

continue, more grants will be considered and Lions will be there when there is a need.

Lions are still supporting those affected by the war in Ukraine. Trucks loaded with various supplies are still going across the borders from surrounding countries. Diabetic programmes will run to educate and support those coming to terms with the disease. Hunger programmes will still go ahead, and please note that January is Hunger Awareness month, Lions are still supporting those affected by various natural disasters and answering the call, Where There's A Need, There's A Lion.

This cannot happen unless our Clubs and we as individuals continue to support our charity, Lions Clubs International Foundation.

I know many of you will be out collecting in your communities, for your communities, but please spare a thought for those who won't have a Merry Christmas in our worldwide community.

I wish you all a safe and merry Christmas and thank you for your support of our Foundation.

*Lion Ann Huntley* MJF

District 105SC LCIF Coordinator  
lcif@lions105sc.org.uk

## From the LCIF Chairman, Lion Brian Sheehan

Hello Lions, Leos and fellow humanitarians,

It is my sincere pleasure every month to share news about the impact our Foundation has on people locally and globally through your service projects and gifts to LCIF. In this edition of LCIF news and in celebration of Diabetes Awareness Month, we highlight how the LCIF Diabetes Grant programme empowers Lions to develop large-scale prevention, management, awareness and screening projects that improve health and well-being in communities around the world. Grant funding like this is only possible with the continued support of Lions and others like you.

Thank you to everyone who has already supported LCIF this year. I ask you to join me in adding to your support in 2023. Your end-of-year gift - like your service - matters. With 100 per cent of donations benefitting grants and programmes, every donation makes a difference. Don't forget to share with your fellow Lions your reasons for supporting our global Foundation by entering the **Melvin Jones Photo cContest** in recognition of our founder's 145th birthday.

Seasonal greetings and make a great day,

*Lion Brian Sheehan*



# Matters of moment

## Acting DG's Month December

- 4 Dec: Petersfield Lions Business Meeting
- 5 Dec: Wimborne & Ferndown Official Visit
- 6 Dec: ROAR national finals vis Zoom
- 9 Dec: Petersfield Lions collection at Tesco
- 9 Dec: Swanmore Lions fundraising in aid of Brain Tumour Research Appeal
- 10 Dec: New Milton Charter Anniversary Lunch
- 11 Dec: Fareham Lions Christmas Lunch
- 15 Dec: Petersfield Lions Social Meeting
- 27 Dec: 1st VDG get-together via Zoom

## PASSED TO HIGHER SERVICE

It is with sadness that the Lions Clubs listed below report with sadness the passing to higher service of:

- ♦ **Lion Tony Taylor** - Gillingham, Mere & Shaftesbury Lions Club
- ♦ **Lion Gordon Rhodes** - Hayling Island Lions Club
- ♦ **Lion Audrey Sambles**—Hayling Island Lions Club
- ♦ **Lion Barry Jehan** - Isle of Wight Ryde Lions Club
- ♦ **Lion Linda Chapman** - Marlborough & District Lions Club
- ♦ **Lion Ronald Wilson** - Meon Valley Lions Club
- ♦ **Lion Brenda Gait** - Wimborne & Ferndown Lions Club

The 105SC Sentinel offers sincere condolences to the Lions' families, friends and their fellow Lions.

**Thinking of a donation instead of Christmas cards? Go to [www.lions105sc.org.uk/donations](http://www.lions105sc.org.uk/donations)**



## CREATIVE?

## EVEN AT CHRISTMAS THE BRAND IS ALL

Perhaps the strongest brand at this time of year is Santa Claus, a.k.a. Father Christmas.

The title 'Santa Claus' derives from the Dutch 'Sinter Klaus', a variation of Saint Nicholas, the patron saint of children, whose holy day is 6 December when some children were given gifts and sweets. As early as Tudor times, the character 'Old Christmas' was introduced by poet Ben Jonson, as a manifestation of the festive period (banned, in due course, by Oliver Cromwell) and reintroduced once Charles II was back on the throne. Somewhere along the way (it depends which Google entry you read), 'Old Christmas' became 'Father Christmas', a jolly, bearded character dressed entirely in green and generous with gifts and sweets for the kiddies on Christmas Eve (around the time of the winter solstice) while Santa Claus remained linked with St Nicholas's saint's day of 6 December, and still is in some countries.

'Sinter Klaus' arrived among Dutch immigrants to what was still New Amsterdam in the 18th century and in Victorian times, in both Britain, much of Europe (largely due to Queen Victoria's offspring being very widespread) and the United States, Santa Claus and Father Christmas became one.

Although Coca-Cola denies inventing Father Christmas, they certainly put him into his red costume in their ads of the 1920s.

An enduring brand, indeed.

It would take a bold Lion to clad his or her

Santa on the sleigh in green.



*Lion Peter Tall*

MJF MCIM MCIPR

# More Matters of Moment

## Welcome New Lions

This month a warm welcome to nine new members to Lions International and best wishes to them for a long and happy time as a Lion.

ALTON - Lion Julie Sibley

BRACKNELL - Lion George Funani

HART - Lion Anette Mills

HAVANT - Lion Sonia Brown

HOOK & ODIHAM - Lion Louise Axton

MEON VALLEY—Lion Dinah Warr

SWINDON - Lion Mike Bowden

TROWBRIDGE - Lion Sarah Watson

WOKINGHAM - Lion Karl Boddy

Acting DG *Lion Sandra*



Changing the world  
with International  
President  
Lion Dr Patti Hill

*Dear Lion*

You and your fellow Lions serve your community at the local level, but never forget that you are part of an incredible global network of dedicated volunteers who are united in our mission of service. Together, you are changing peoples' lives for the better, every day, all around the world.

From helping to prevent blindness to supporting children and families affected by childhood cancer to protecting our environment, you are delivering care and kindness and bringing hope to where it's needed most.

There is no greater calling on earth than to join together to give our time and our talents to help those in need. That's what Lions do - that's what you do. Thank you for your commitment to creating the change that empowers others to achieve their potential.

*Yours in service*

*Lion Dr Patti Hill*

## PASSED TO HIGHER SERVICE

It is with sadness that Devizes Lions report the loss of **Lion Chris Tamlyn** (78) who passed to higher service on Friday 17 November after a short illness. Lion Chris was a former long-serving police officer whose arrival in the Club was unusual in that he was badged by his wife Lion Julie at a Zoom business meeting in 2020 during Covid. He was an enthusiastic Lion who, after a frustrating absence due to long-Covid, returned to action by masterminding a successful Quiz Night only weeks before his sad death. He will be missed.

The members of the Bradford on Avon Lions Club are sad to report the passing to higher service of **Lion Ian Tappenden**. Lion Ian was a member of the Club for 36 years and served as President three times. He will be sadly missed by all his friends in the Club.

The 105SC Sentinel offers sincere condolences to the Lions' families, friends and their fellow Lions.

## And even more Matters of Moment

### A PSA JOURNEY

The Reading Lions Club is dedicated to bringing free PSA testing to the men of Reading. The Club began this journey in 2013 after the death from prostate cancer of one of its members. The first event was held at the busy Royal Berkshire Hospital, but soon the Lions realised that somewhere else had to be found to allow more space and time.

So, in 2014, the event was held at the Circle Reading Hospital. It was a great partnership of streamlining procedures. Men began to be more aware of the threat of prostate cancer and in 2018 the number of men who turned up on the day for a PSA test was a mighty 2,268! However this number exceeded the hospital's resources, so the next two events were held at the Rutherford Cancer Centre, Reading. With the demise of the Rutherford in 2022, where to hold the event in 2023?

Unbeknown to the Club, the Circle Hospital had conducted a staff survey. One of their proposals was for the hospital to have more charitable involvement with the community! With perfect timing, the Club approached the Circle to discuss renewing the PSA partnership! That happy coincidence resulted in PSA Day 2023.

What a smooth running, well organised and happy day it was! One of the new measures the Circle staff introduced was to identify, on arrival, any man who seemed apprehensive or had a needle phobia. Those men were given a unique badge and directed to special bays for their tests. (There may be Lions Clubs who conduct PSA Tests and have not yet adopted this idea!) The nurses and phlebotomists were very happy with the day with 931 men tested and of those, 25 had a raised PSA level, and 43 were significantly raised. Over the nine PSA testing days the Club has organised during the past 11 years, 10,291 tests were carried out, 496 needing urgent referral.

Many people worked hard to produce this event - Frimley Park Blood Testing Unit, Deadline Drivers, who delivered the bloods without payment, friends of Lions and many volunteers. Reading Lions are particularly indebted to Rachel Barker and her team at the Circle Hospital Reading for their excellent organisation and friendly co-operation.



How about making a New Year's resolution to report your service activities on MyLion

As of September, 49 per cent of Clubs are reporting and have so far logged 300 service activities which have served 36,208 people. Imagine the data we would have if all Clubs reported.

If the Club Secretary does not have time to submit reports, then an administrator can be set up to do so. My own Club has done just that, and it works well. If you need any support, please contact me and I will do my best to help you.

Don't forget that I am pledging £1 to our Children's Hospice Appeal for every Club that submits reports (and another pound for Clubs that get an article published in the Sentinel).

Enjoy your Christmas service activities whatever they may be. As Howard Zinn (an American philosopher) said, "Small acts, when multiplied by millions of people, can transform the world." As Lions we do just that.

With warmest Christmas wishes.

*Lion Sandra*

GST coordinator



**“The art of learning is to understand but a little at a time.” - John Locke**

Abingdon Lion Alex on two wheels



## **Bleed Control Box for Woodley Town Centre**

On Thursday 16 November, the Woodley and Earley Lions handed over a boxed Bleed Control kit to the Town Centre Partnership. The kit was received by Woodley's Deputy Mayor on behalf of the community.



The box has a code that is given out by ambulance control if there is an accident in the vicinity with catastrophic bleeding. This kit can save lives. Hopefully it will never be needed but it complements the defibrillator which the Lions had already provided.

The handover was covered by BBC South Today and President Lion Glenda Kennedy was interviewed on BBC Radio Berkshire. The Deputy Mayor (a former critical care nurse) is keen for other town centres and schools to acquire such kits.

Picture below are (l to r.) President Lion Glenda, the owner of Turtle Engineering who supply and install the boxes and the Deputy Mayor.



## **WOKINGHAM FIREWORKS** *A SPECTACULAR SUCCESS!*

Each year Wokingham Lions Club joins together with Wokingham Rotary Club, Easthampstead Rotary Club and Windsor Forest Unicorn Club, to put on the annual Charity Firework Display in Wokingham.



The evening of Saturday 4 November started with a torchlight procession, led by the St Sebastian Band, from the town centre to Cantley Field, where 10,000 people were treated to a spectacular firework display set to music, as well as fairground rides and a selection of food and non-alcoholic drinks outlets.

All tickets are now sold on-line, and the maximum 10,000 tickets were all taken up by the afternoon of the event. This means that although final figures are not in, it is estimated that £35,000 will have been raised for charity, of which Wokingham Lions Club will receive 25 per cent for distribution. This year's major beneficiaries will be First Days Children's Charity, Wokingham in Need, Daisy's Dream, Sue Ryder and Life Education Wessex & Thames Valley.

# “Art washes away from the soul the dust of everyday life - Pablo Picasso



Abingdon Lion Alex on fire watch

## Farnborough Film Company brings seasonal joy to local families

Pictured are members of the Farnborough Lions Club with the nurses of the Children's Ward at Frimley Park Hospital. The Lions were delivering large sacks of soft toys and these and numerous other toys and games were kindly donated by Hartwood Films who had been using them on the film set of an HETV Production filmed at the new studios on the perimeter of Farnborough Airport.



Frimley Park Hospital Children's Ward will be sharing these soft toys with the Maternity Ward and Paediatric Accident & Emergency to bring as much happiness as possible to the young patients during their hospital stay.

Hartwood made this donation within the wider context of up-cycling and repurposing with a strong vision in sustainable production and positive community links within the region. This has ensured that, wherever possible, items that are no longer required are donated rather than disposed of. These toys were among many other donations made by the production, including food to food banks, stationery to local schools, colourful decorations to a nursery and unused PPE to a nearby college.

Lion Richard Keeley, Secretary of the Lions Club of Farnborough, said: "We are so grateful to Hartwood Films for this wonderful donation. It will enable us to distribute a large number of toys between the Lions Community Store and the Frimley Park Hospital. The Lions Community Store project is run by the Lions Clubs in north-east Hampshire to recycle furniture, household goods, white goods, bedding and clothing for inward donation to less fortunate families in this area."

Every Christmas the Community Store provides food parcels to those in danger of going hungry over the festive period. Included in these food parcels are gifts for the children who would not otherwise enjoy Christmas in the same way as their schoolfriends. Last year the Lions Community Store provided 400 food parcels in this area, 113 of which were in Farnborough. Each family parcel contained gifts for the children.

Brendan Duffy, Sustainability PA for Sustainable Film, a consultancy for film and television who advise Hartwood Films, added: "We were really pleased that the Lions are able to make such good use of the toys from our film set. We aim to be as sustainable as possible and the Lions' network of good causes is an ideal way of ensuring the toys go to the most worthy within the local community."





**“Don’t drink black coffee at lunch: it will keep you awake all afternoon.” - Jilly Cooper**

Abingdon Lion Alex on the carousel



## A WONDERFUL WINTER CARNIVAL

On Sunday 26 November Wokingham Lions presented their second Wokingham Winter Carnival. The Winter Carnival has been in existence since 1994 and been organized by the Wokingham Lions Club since 2022.

The event was introduced by Club President Lion Lyn Baily and opened by Wokingham Town Mayor, Cllr Sally Gurney and Wokingham Mini-Mayor, Leah Vas. Lion Lyn then accompanied the Mayor and Mini-Mayor around the Carnival, which took over three hours, due partly to how large it has become, but also how interested the Mayor was in the event, and meeting lots of local residents.



Although the weather was cold and at some points damp, the Carnival was very busy and culminated with the switching on of the Christmas Tree lights, music from St Sebastian’s Wokingham Brass Band and the Wokingham Singers, carols for everyone to join in and finally a spectacular Laser Light Show.

Finances are still being finalized, but profits will be significantly more than last year. In addition, the Club enabled charities to raise more than £25,000, while at the same time raising their profiles within the community.

## Guernsey Lions hold a Hypoawareness Day



The Lions Club of Guernsey, in recognition of Diabetes Awareness Month, held a Hypoawareness Day. It was a successful event and the Club had the support of the Diabetes Guernsey charity.

The main focus of the event was raising awareness of hypoglycaemia. Many people completed Diabetes risk questionnaires and some participated in a “Guess the Carbs” game. Information leaflets and Hypo wallet cards were given out.

The event attracted much attention from local residents and was deemed well worthwhile as part of the Lions Clubs International initiative to combat diabetes.

## ROAR National Awards Day 2023

The Roar 2023 National Awards day can be viewed on Zoom on Wednesday 6 December at 10.30 am until 12 noon.

Join us through the following zoom link

[https://us02web.zoom.us/j/89147579192?](https://us02web.zoom.us/j/89147579192?pwd=cDF3VEJaSl3aitPZ0pmMVZwSC9GZz09)

[pwd=cDF3VEJaSl3aitPZ0pmMVZwSC9GZz09](https://us02web.zoom.us/j/89147579192?pwd=cDF3VEJaSl3aitPZ0pmMVZwSC9GZz09)

The meeting ID is 891 4757 9192 and the passcode is 623155.

If your Lions Club is interested in seeing how this exciting new youth programme engages young people, then please join us on the day. [www.lions-roar.com/](http://www.lions-roar.com/)





**“Blessed are the young for they shall inherit the national debt.” - Herbert Hoover**

Abingdon Lion Alex says goodbye

### New venue for Swimathon goes swimmingly

The Windsor Lions were delighted with the turnout for their recent Swimathon. The event, which took place on Sunday 29 October, moved from Windsor Leisure Centre to the fantastic facilities of St George’s School, Ascot, where 39 teams took part and to date have raised £9,000 with the likelihood of more to come.

The event offers local charities and groups the opportunity to swim in relay for 55 minutes to raise money for their own cause or one close to their heart. This year was the 26th year the Windsor Lions have staged the event and so far have raised in excess of £250,000.

The Royal Borough’s Mayor Neil Knowles ‘took a dip’ and swam with his team and also in evidence was Fillippe, the Windsor Lions mascot, here with the Windsor Foodshare team.



mascot, here with the Windsor Foodshare team.

### Thank you, Lions

Woodley and Earley Lions have worked with an NHS occupational therapist and Wokingham United Charities to provide a mobility scooter for a Woodley lady called Elaine. She says: “I didn’t realise the difference it would make to my independence and confidence. My anxiety about leaving my home has gone. It’s lovely to be out with someone by my side, not behind me. It makes me feel more included. Thank you.”



anxiety about leaving my home has gone. It’s lovely to be out with someone by my side, not behind me. It makes me feel more included. Thank you.”

### Working All Hours

Woodley and Earley Lions funded the print run of books for the Wokingham-based charity, Younger People with Dementia. The book is titled “Working All Hours” and is a life in pictures for younger people with dementia.

Pictured is Woodley and Earley president Lion Glenda Kennedy with one of the authors, Dr



Jacqueline Hussey, at the launch in The Bell Bookshop in Henley-on-Thames on Thursday 2 November .



District 105SC

Convention 2024

8<sup>th</sup> – 10<sup>th</sup> March 2024

The Wild West

DoubleTree by Hilton Swindon



### Ensure your five minutes of fame!

The Convention team is looking for Lions to give a five minute talk on a successful project related to one of the seven pillars of Lions – Vision, Hunger, Diabetes, Youth, Environmental Issues, Childhood Cancer and Sport.

Please get involved. It’s great to share your success!

Please email [lionlisa001@gmail.com](mailto:lionlisa001@gmail.com)

**“No opera plot can be sensible, for in sensible situations people do not sing.” - W.H. Auden**

## **50 years celebrated with a bang!**

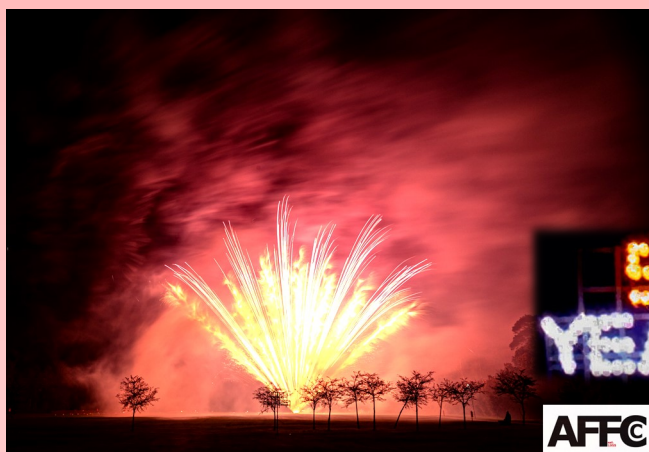


Fleet Lions continued the celebrations of their 50th year with an extra special fireworks event. They upped their spend to £5,000 on the fireworks themselves which they obtain from a very helpful supplier in Kent. And the event is run under the auspices, training, insurance, risk assessment and safety gear of that supplier. The pictures show how magnificent the fireworks were and social media were buzzing with compliments for the display.

The Lions also cook an awful lot of burgers and dogs. And they also have lots of volunteers helping on all aspects of the event, particularly the Scouts who help serve hot food as well as clearing the field of rubbish the next day. They receive a nice donation for their efforts and had a 'Billy Goat' to help them. The Lions *gluhwein* also featured strongly (an understatement as this year the new MD insurance policy allowed it to be made from real wine, not non-alcoholic plonk!). Flashing trinkets were a sell-out and many other charities made money for themselves by serving other food and drink to add to the party atmosphere. The event is promoted with the line "Bring your friends and have your fireworks party with us"

The event is promoted heavily on social media as well as handing out flyers in shopping centres. All tickets have to be bought online through Lion Tom Sayers' 'TicketByte' system that is part of the Club's website package. That means that the numbers attending can be controlled and also minimises that cash taken on the day. All 6,500 tickets were sold by 1.00 pm on the day and President Lion Laura Roberts was interviewed on BBC Surrey Radio and thanked that medium for all their promotion of Club events. The Club never misses the opportunity to promote the Lions' cause.

So what was the final outcome? The people of Fleet enjoyed a fabulous fireworks display and surely big events are the way to go these days. They were also well fed and watered the the Club's bank balance has been increased by £30,000. Job done.



**“Just about anybody can face a crisis. It’s everyday living that wears you out.” – George Seaton**

## Meon Valley News

### Wickham Beer Festival

The Meon Valley Lions Club served burgers and sausages at the Wickham Beer Festival where they had their best year ever... and to top it off they would really like to thank the organisers of the Festival for their kind donation of £1,000 towards a replacement Club minibus. Without the public support none of this would be possible so a big thank you to all the kind people who supported the October’s Beer Festival for making this possible.



The Club is well on the way towards achieving the funds necessary to replace the minibus but unfortunately a prospective sponsor dropped out recently;

so this is great timing ... thank you, Wickham Beer Festival.

If any of you do know of an organisation or individual who may be willing to help out the Club, please let them know. They hope to be running around the streets of the Meon Valley in the replacement by Easter next year.



Three Lions from Wiltshire clubs attended this year’s Lions Forum organised by MD105 in late November 2023.

The Lions learned a lot from the fun-packed weekend; very informative, helpful and beneficial to their future development as Lions.

Many thanks to their sponsors within District 105SC for nominating them to attend this event which is much appreciated.

Those three Lions from Wiltshire are (l. to r.) Lion Sarah Hiscocks (Westbury), Lion Gillian Clancy (Chippenham) and Lion Dora Kan (Devizes)

## Maid in Korea

Abingdon Lions were pleased to support 16 years-old Grace from the 30th Abingdon Scout Group to attend the World Scout Jamboree in South Korea this summer and she promised to visit the Club and report her experiences.

Grace amused members with stories about the Jamboree; living in tents, meeting and making friends with Scouts from different countries, swapping Scout badges and spending evenings sharing stories. She spoke about the activities she undertook and making headlines on South Korean television and how and why they were moved to hotels following a heat wave and the expected arrival of a typhoon before coming home

Grace, with her monumental South Korean flag is pictured below with members of the Abingdon Lions Club.





# Sentinel's eye on...

## The Events Calendar

Club events for the next three months and updated month by month are listed here

### Club Events: December 2023, January and February 2024

- ◆ **ALTON** - Second Saturday of the month, **Lions Craft Markets**
- ◆ **CHIPPENHAM** - Friday and Saturday 1 and 2 December, **Mulled Wine at Christmas lights switch-on at Corsham and Chippenham**; Friday 2 to Friday 22 December, **Carol Float**; Wednesday and Thursday 20 and 21 December, **Collection at Morrisons**; Saturday 27 January, **Burns Night**
- ◆ **NEW MILTON** - Sunday 10 December, **52nd Charter Anniversary**
- ◆ **ROMSEY & WATERSIDE** - Sunday 3 December, **Christmas Lunch**; Saturday 9 December, **Bookstall in Romsey Market**; Wednesday 13 December, **Business meeting**; Thursday 14 December, **Store Collection ASDA**; Friday 15 December, **Store Collection ALDI**; Sunday 17 December, **Store Collection Morrisons**, Thursday 21 December, **Store collection ALDI**; Wednesday 10 January, **Business meeting**; Saturday 13 January, **Bookstall in Romsey Market**
- ◆ **WOKINGHAM**: Friday 2 February, **Guest Charity Wokingham Foodbank**
- ◆ **WOODLEY & EARLEY**: Friday 9 February, **Skittles Night**;

Webpage - [www.lions105sc.org.uk/events](http://www.lions105sc.org.uk/events)

### District Diary Finance Committee Meeting

Tuesday 9 January at 7.00 pm via Zoom  
Monday 19 February at 7.00 pm via Zoom

## LIONS WIT

The email of the species is deadlier than the mail.

#### HOW TO ENTER COMPETITIONS IN 105SC

Over recent years it has been difficult to find Clubs who are eligible for our various awards. We are now asking that Clubs or Zones nominate themselves for the various competitions as below:

**Ian Birch Award** which is concerned with membership growth.

**Nixon Award** This award is given by Lions Eric and Pat Nixon in recognition of all the work that Lion Eric had performed over the years for Community Service. This can be for the variety of community service carried out by a Club from one Convention to another or for a special innovation in response to a particular situation e.g. the refugees arriving from Ukraine, food parcels or a specific piece of technical equipment needed for someone with special needs.

**Dave Ebsworth Award** This award presented by IPDG Lion Dave goes to the Club or Zone which has made the greatest impact on maintaining or improving the Environment within 105SC.

**Bill Field Sight Award** The Bill Field Sight Cup is presented to a Club or individual member of a Club for particular efforts in a sight related area.

**Bert Mason Memorial Award** This Trophy is awarded to any member who has made an outstanding contribution to a Club's or District's work with young people.

**John Greenaway International Award** This award is given to the Club or individual(s) who has made the greatest contribution to an International project.

**Leo Plumley Award** This Award is presented to the Lions Club or Zone who have made a significant contribution to helping those less fortunate than themselves in their community.

This is done by completing a simple form which asks for the club or zone name, the competition for which the club is entering and a brief description of an event or events. Zones, clubs and individuals can be nominated and they can enter as many competitions as they like. One event or a series of events can be nominated and of course the more actions recorded the more active the club can be seen to be!

The form was sent with the November District Mailing. The completed forms should be sent to me (Judith.goodchild@lions105sc.org.uk) by 14<sup>th</sup> February 2024. The final judgement will be by the DG team and the GST Committee.

**The Barrie Richardson Travelling Lion Award** Uniting Clubs in the bonds of friendship, good fellowship and mutual understanding operates under its own rules and the winner is easily seen. You just need to send in details of your visits.

**The Peter Allen Photographic Competition** will also carry on as normal.

*Lion Judith*

PDG Judith Goodchild



# OLD MONARCH

*The Editor has the last word...*

Usually I scatter every page of the pre-Christmas edition with images of Santa Claus but there is so much news in this edition that not only are we short on Santas but I have even had to create a special supplement for the District Diabetes Officer's report. As my Club's diabetes officer, the condition (which I do not have) has been a keen interest of mine since the early 1980s when I became involved at the behest of a client who was diabetic.

Despite all the advances of medical science, no-one knows for sure the causes of diabetes nor, yet, is there a cure. Nevertheless everything the Lions do to create awareness of diabetes is a step forward.

With best wishes for Christmas and the New Year from the Sentinel team (the other member currently has her feet up reading the Sunday papers).

*Lion Peter Tabb*



**Lions  
tail...**



Alex, the mascot of Abingdon Lions, comes down to earth

Please send all articles and pictures for publication in the  
**DISTRICT 105SC SENTINEL**  
to the Editor, Lion Peter Tabb, email : [news@lions105sc.org.uk](mailto:news@lions105sc.org.uk)  
ideally at least a week before the end of the month